

Fish Oil Supplement

Dietary supplementation with omega 3 fatty acids (DHA and EPA), which cannot be synthesized in mammals, causes increases in concentrations of these fatty acids in inflammatory cells yielding anti-inflammatory effects. Benefits are seen in kidneys, heart, skin and joints. Side effects are uncommon and could include vomit or diarrhea.

Start with a small amount daily to ensure your pet can tolerate the added fat, then increase to the recommended dose. Dosing is based on the total DHA plus EPA component, which is found on the back of the bottle.

Organ & Skin Dosing

Cats 100mg daily.

Arthritis Dosing

Cats 2-300mg daily.

Dogs with kidney, skin, or heart problems: Dogs with osteoarthritis or joint problems, dose daily:

10 lbs	400 mg
20 lbs	600 mg
30-40 lbs	1000 mg
50-70 lbs	1500 mg
80-100 lbs	2000 mg

10 lb	900mg
20 lb	1500mg
30 lb	2000mg
40 lb	2500mg
50 lb	3000mg
60 lb	3500mg
70 lb	4000mg
80 lb	4500mg
90 lb	5000mg
100lb	5400mg

Human liquid fish oils can contain Xylitol which can be fatal to pets. We recommend a canine/feline liquid called Wellactin instead of human liquid products if your pet won't take.

Glucosamine Supplement

Glucosamine is a precursor of glycosaminoglycans, which are a component of articular cartilage. The decreased pain and improved mobility in patients receiving glucosamine may result from decreased cartilage degradation or changes in expression or activity of inflammatory mediators. Clinical improvement has been reported after 70 days of treatment in studies. Side effects are rare and include diarrhea or vomiting. There are no known contraindications or drug interactions.

You may find combination products with not only Glucosamine, but also Chondroitin and MSM, which may provide more benefit. Dose dogs based on the Glucosamine component. For a dog < 40# give 500mg daily, 40-70# give 1000mg daily, 70-100# give 1500mg daily, >100# give 2000mg daily. When starting the treatment, give the dose twice daily for 60 days. If arthritis appears improved after 60 days, decrease the dose to once daily long term.

Dasuquin is made by NutraMax labs, one of the highest quality vitamin manufacturers for pets. Their chewable product contains Glucosamine, Chondroitin, MSM & Avocado Oil. For dogs >60# a 150-count bag will last about 5 months for around \$80.